# Little SPARK: Simple Play Adaptations to Reference for Kids

## Sensory Twists

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| **Description:** | **Image:** |
| This item consists of six (three yellow and three red) 6**.**75" in diameter spiky PVC rings weighing 4 oz. each. Surface wash; air dry.  [Purchasing Information](https://funandfunction.com/sensory-twists-set-of-6.html)  [Demo Video](https://youtu.be/oY4or3i61Z4?t=1) | Six spiky colored circular rings; three red and three yellow. |

**Who Might Benefit?**

Those who are seek sensory input, are strengthening grasp, or benefit from touching/fidgeting to focus.

**Why Use?**

Explore the texture of the spiky ring, strengthen grip through twisting and pulling, develop fine motor skills, and fidget quietly to maintain focus.

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| Instructions for Use: | Adaptation Ideas: |
| **Environmental Considerations**   * Use in all settings and in group and one-on-one activities.   **Positioning**   * Use in any position; seated, standing, on the floor, etc.   **Basic Play/Use 🡪 Extended Play/Use**   * Open ended exploration (ex. touch, twist, pull, squeeze). 🡪 Ring toss or DIY Corn Hole.   **Play/Use with Others**   * Take turns catching rings or playing hide and seek. | **Build It Up**   * Wrap rings with fabric or foam for grasping surface.   **Add Sensory Cues**   * Store in sensory tub with other items.   **Communication Supports**   * Visual supports like communication cards and social narratives can help a child communicate their feelings.   **Alternative Uses**   * Use as timers or visual transitions (“When the bubbles settle it’s time to…”).   **DIY Alternatives**   * Inexpensive stretchy headbands at discount store, add sensory cues. |

### Words to Encourage Play/Use

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| **Push**  Child pushing rock away. | **Pull**A child pulling a rock toward them. | **Squeeze**A hand squeezing a yellow ball. |
| **Twist**Hands twisting a blue towel. | **Toss**A stick figure tossing a red ball | **QuietA stick figure tossing a red ball** |
| **CalmA child in a blue shirt comforting another child in a green shirt who is smiling.** | **TouchA child with their hand on the shoulder of another child.** | **ArmsTwo black arrows pointing at each right and left arms.** |

\*”Adaptations” adapted from: Haugen’s Modes for Adapting Toys based on materials from the "Let's Play" Project at the University of Buffalo

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